



I wish for  
you to keep  
learning for  
the rest of  
your life.



[morethan3wishes.com](http://morethan3wishes.com)

Good morning Year 10.

This is the last message of the school year so on your behalf I would like to thank your Form Tutors and Subjects teachers for their hard work and the support they have given you this year.

I've included some messages from your teachers. We all miss you and are looking forward to seeing you again in September.



## Message from the Science Department

Well done to all of the Year 10 on your hard work over the last few months. We are all really proud of you and can't wait to see you in September.

*Congratulations to Chloe Mandap, who won the competition to design a poster on Acids and Alkalies!*



### WASP STINGS

Why do wasps sting other organisms?  
As defence mechanism, wasps that live in large colonies will use their stinging abilities in a mass attack to any animal or person that threatens them.

WASPS FEAR THAT THEY'RE IN DANGER

WASP VENOM = ALKALI  
can be neutralised with vinegar or any acid

Home remedies:  
- Apply chilli paste  
- mint leaves  
- toothpaste  
- hot water  
- slice of raw onion

IT OFTEN WORKS BECAUSE THAT'S WHAT YOUR MIND THINKS WHEN YOU'RE IN PAIN!

### BEE STINGS

Why do bees sting other organisms?  
They sting if they receive threat to their hive. They think that you are a threat so they attack in return.

BEES RELEASE PHENOMYL that attracts nearby bees and join the attack.

ACIDS AND ALKALIS

common stings from wasps, bees, nettles and jellyfish

BEE VENOM = pH 5.0-5.5 formic acid

Home remedies:  
- Honey  
- Apple Cider Vinegar  
- Toothpaste  
- Baking Soda & Water paste

many said that putting vinegar (an acid) eases the sting but it isn't scientifically proven.

Chloe Mandap  
Year 10  
21 May 2020

### REFER TO THE PH SCALE BELOW:

**Ph Scale**

Acidic	Neutral	Alkaline
1 2 3 4 5 6	7	8 9 10 11 12 13 14

**TERMS:**

- Acids have a pH less than 7.
- Alkalies have a pH greater than 7.
- Neutral substances have a pH equal to 7.
- Corrosive: substance that has the power to cause irreversible damage or destroy another substance by contact.

↑ ↑ ↑

Acids and alkalies can be found all over us.  
Hydrochloric acid is in our stomachs to help us digest food. However many are also corrosive as both acids and alkalies are corrosive.

Remedies:  
-Rinse with vinegar  
-Remove any spines  
-Apply a heat pack (113F-40 mins)  
-Take painkillers

People believe that urine is an acid so if a jellyfish sting heats it, but it's not!

Acid or alkaline?  
an alkaline.

### STINGING JELLYFISH

Why do jellyfish sting other organisms?  
Jellyfish have special cells along their tentacles. These cells are harpoon-like structures full of venom that shoot out when triggered by touch and can penetrate human skin.

They use their sting as a defence mechanism and to capture prey.

Remedies?  
Duck leave's sap can relieve the stinging sensation.

People say it works but it actually contains alkali which neutralises the acid of the nettle venom.

More remedies:  
-Aloe vera  
-Baking powder & water paste





Best Wishes Year 10,  
The Music  
Department



## **Message from the Home Economics Department**

Hi girls,

I would like to thank you for your hard work in Home Economics since lockdown. The Home Economics teachers have been delighted to see how you have enjoyed your google classroom tasks, especially the Yr 10 World Foods project and we all loved seeing the many photographs you have sent in of your practical cooking at home. It's great to see how you have continued your learning about health and nutrition and developed such useful practical skills at home. We are sure your families have enjoyed tasting all your dishes.

I include a link to a great recipe on BBC Good Food for a Celebration Rainbow cake you might want to try to mark the end of a very different yet successful school year for you. I've added in a video link just to show you how decorate it. Have fun and enjoy.

Have a great summer girls, take care of yourselves and your families and we look forward to hopefully seeing you soon.

<https://www.bbcgoodfood.com/recipes/rainbow-cake>

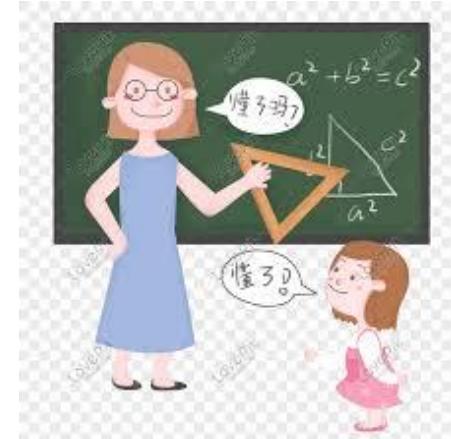
<https://www.youtube.com/watch?v=0zGxza7LCEY>





### **Message from the Maths Department**

Well done to all of the year 10 students for the engagement in Maths. You have all worked very hard and the Maths department is very proud of you all.



### **Message from Mrs Adams**

10G

I would like to Thank you for all your hard work and effort this term learning online, submitting quizzes and evidence of your learning - you have done brilliant!

You have been fantastic students to teach from Years 8 -10 and you all have made significant progress in Maths. Keep up the great work next year as you begin your GCSE journey!

Have a lovely summer and I will see you all in September!



## **Message from the Art Department**

Hi year 10

I hope everyone keeping well and looking forward to the summer holidays.... I know I am!

Congratulations on all the amazing work that has been completed over the past few months during lock down. It really was inspirational to see that you had been working so hard at home, being creative and having fun!

Remember if you are taking GCSE Art and Design next year to take a look at the Powerpoint that I posted onto google classroom....keep drawing and get excited for year 11!!!!

*"Try something different, even if you don't think it will work"*  
Keep safe





### **Message from Miss O'Hare**

Hello 10G and 10L,

Just a little note to you all to say thank you for being fantastic English classes this year! I'm sure you have found the online learning a lot different and I'm sure sometimes frustrating, but you have made it to the end of the term and a big congratulations is in order for those of you who have been engaged with the work online and with the booklets that were provided. I hope you continue to read and maybe write creatively over your summer break, this will help broaden your vocabulary and prepare you for your GCSE years. On a personal note I wanted to let you know that I feel very fortunate to have been given the opportunity to work with all of you this year, you have been wonderful classes to teach. I'm really looking forward to seeing you all in the new school year. Have a fantastic summer!! Take Care.





### Message from Miss Smyth

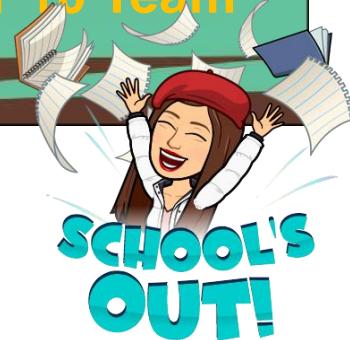
10A - well done for all of your hard work over the past 3 months. You should be very proud of yourselves. I can't wait until September to see you all again! Have a lovely Summer and take care.



### Message from Mrs Magill

Dear 10B, its hard to believe that we are approaching the end of term! I want to take this opportunity to say how proud I am of each and every one of you for demonstrating such a positive and mature attitude to the distance learning that has been our 'normal' for the past few months. I recognise that it was a difficult period to adjust to, with so much change but you have all adapted exceptionally. The effort and work you have completed independently is commendable. I sincerely hope you are all coping well and are safe and happy at home. Continue to stay in contact with each other to keep your friendships strong and be kind and helpful at home, always.

I have missed seeing all of your faces in the morning and the laughs we had in the afternoon; I hope September comes fast!! You will have brand new timetables with all your GCSE subjects, some of you will be in new subject classes and experience new teachers. This will be such an exciting time for you all and I am looking forward to it. Take care, stay safe and have a great summer



### Message from Mrs Stewart

10E, I would just like to congratulate you all on your hard work and motivation to continue with your learning during this period. I would like to wish you all an enjoyable summer, staying safe and looking after yourselves. I look forward to seeing you all back in the classroom.

### Message from Miss O'Hare

Hello 10C,  
I hope that you have been keeping safe and well. I just wanted to send you a little message to say that I hope you have a lovely summer break. I understand that the past 13 weeks have not always been easy for all of you, but the summer holidays are fast approaching and you will have some time to relax and prepare yourselves for the beginning of your GCSE's in September. I look forward to seeing you all next year. Look after yourselves and your families. Take Care.

### Message from Mrs Robb

Hi 10D

I hope everyone keeping well and looking forward to the summer holidays.

I can't believe it's been 14 weeks from the last time I saw you! What a few crazy months we have had but hopefully things look like they are getting on track for some sort of normality in September. I really miss you all and hope you have a good break before GCSEs and year 11!

*"Remember, in the middle of difficulty, lies opportunity"*

Keep safe



### Message from Miss Moore

10J - Well done for all the hard work you have put in during your time at home. I have been so impressed with your effort. Have a lovely and safe summer! I cannot wait to see you in September.

### Message from Miss McCartan

"Hi 10K, I hope you all have a lovely summer and are being kind during these difficult times. I'm very proud of how mature you have been over the last few months. I would love to hear from more of you on our Google Classroom before we finish for summer. I can't wait to see you all again! Stay safe ladies."



### Message from Mrs White

To the fabulous 10 G, what a topsy turvy year this has been...we started in style with three super new additions to our team. Beginning yr.10 with a sense of wonder and pride, approaching our studies with grace, maturity and a determination to succeed. Along our journey we have laughed, we have cried and laughed some more, making so many memories on our way.

I look forward to next year and am excited to see what the future holds. Have a wonderful summer holiday, missing you lots. Mrs White XXX



### Message from Miss McGlinchy

You have worked incredibly hard and you have no idea how proud I am of you all. I am missing you all so much. I even miss standing at your desks in the morning waiting for you to take out a homework even though I've told you a million times to have them ALL ready. I miss seeing your amazing work physically in front of me each day but I've been following your progress online. I am delighted that you have kept your standards so high and that you have engaged so well with all of your teachers.

I am excited for the year ahead as we move to KS4 and begin a new chapter in St. Louise's. I will be with you every step of the way. To make sure you are ready for the new term, I would like to remind you to rest over the summer. Take time to relax and have loads of fun! I even give you permission to make those TikToks.

Remember to pray each day like we do in school. Talk to Our Lady whether you've had a good day or a not so good day. She is listening.

Stay safe over the summer. Our Google Classroom will remain active if you need me. See you all soon.

Lots of love,



### Message for 10F

Well done girls in all of your hard work over the last few months. Have a great summer and see you in September.



16 JUNE 2020



- Small flower
- Thin petals
- White Petals
- Yellow centre surrounded with lots of side by side petals
- Grew in the middle of small green leaves that looked like tiny lettuce
- Grew under the tree on a vast area of soil
- Can be in pairs, triples or single.
- Some are tall, some are short



### **My lockdown experience**

As lockdown had started for me it was not that bad me and my daddy would go out on walks while my mummy was working with our dog which got us out for a few hours. When my mummy would be off work we would have game nights to get all us of together and make the most of it as usually we would all be doing our own thing if lockdown did not happen. We would also sometimes go on long drives or bring the dog to the park for a couple hours to get out of the house. Since lockdown you can't do any sports so I can't go to Gaelic right now I have still been keeping fit. I have started on a new workout I do every morning as well as doing runs at around 8 in the morning to get a good clear mind set for the rest of the day. There have been warm days which is good as you can sit out the back have a barbecue and enjoy the time with your family. Since lockdown has started to ease I got to see one of my closest friends 2 meters apart of course she would sometimes sit out my back with me or we would go on big walks to see the waterfall, me and her would be very close staying in each other houses almost every weekend so it has been very weird and upsetting now getting to see her that much. One thing lockdown has changed my mindset on things to appreciate the little things even going shopping with your family or even going to the shop just not to take things for granted anymore.



One of the scariest times during lockdown was when my daddy fell very sick he was rushed into hospital for a week it was a very hard time for my family and I but my daddy was strong and fought to get out which has made me and my daddy closer over all that upsetting experience, but on a brighter note my Gaelic will be returning back on July 4<sup>th</sup> which has made me very happy and something to look forward to. I would sometimes get to see my older brother and his wife as they have their own house so it has been hard not getting to see them as much as I used to but we are getting there so hopefully I will get to see them more, since barbers and salons has not been open I have been the barber in my house I have been cutting my daddy's my brother and uncles hair which if very funny as they would never trust me with their hair before but I have been doing a great job, I would even dye and cut my mummy's which is so funny but she loves me doing it! Overall my lockdown experience has been filled with ups and downs but I wouldn't change the world for the people I have had to spend it with.

Emma



17:31



## < Presentation.pdf



### LOCATION

I have chosen to write about BARCELONA as my mother always takes about how much of a good time she had when she was younger and that she would live to visit again but with me and my two sisters Leah and Paige.

Barcelona is located northeast of Spain on the Mediterranean coast.



### FASCINATING FACTS

- Barcelona is Spain's second largest city with 1.6 million residents.
- Barcelona has 12 metro stations, which are completely abandoned.
- Barcelona's most famous sight, La Sagrada Família's construction began in 1882 and is planned to be completed in 2026.

It's coastline stretches for 4.5km and offers the tourists a wide variety of excellent beaches.

The eiffel tower was originally meant for Barcelona but the rejected it and so it was gifted to Paris.



### HISTORY AND FAMOUS PEOPLE

- The history of Barcelona stretches over 2000 years to its origins as an Iberian village named Barcino.
- The first human settlements in Barcelona date



17:31



## < Presentation.pdf



17:31



### HISTORY AND FAMOUS PEOPLE

- The history of Barcelona stretches over 2000 years to its origins as an Iberian village named Barcino.
- The first human settlements in Barcelona date back to Neolithic times. The city itself was founded by the Romans in 118 BC under the name called Barcino at the end of the 1st century BC.
- The colony had some thousand inhabitants and was bounded by a defensive wall, the remains of which can still be seen in the old town.
- Gaudí Pequín was a football player from Barcelona.
- Urula Corberó is famous actress from Barcelona.
- García Piqueras son Milán Piqués Meléndez was born in Barcelona like his father.
- 1906 Republican Nationalist Centre and Catalan Solidarity (1906) headquartered in city. Catalan language congress held.



### WEATHER

- Normalmente en verano Barcelona. El clima de Barcelona es mediterráneo, con inviernos suaves y relativamente lluviosos y veranos calurosos y soleados. La temperatura promedio mensual varía de 9 ° C (48 ° F) en enero a 24,5 ° C (76 ° F) en agosto. ... El invierno, de diciembre a febrero, es templado, aunque pueden ocurrir diferentes situaciones climáticas.
- normalmente en invierno, de diciembre a febrero, es templado, aunque pueden ocurrir diferentes situaciones climáticas.



### CUSTOMS, TRADITIONS AND CELEBRATIONS

- Castellers. One of Barcelona and Catalonia's most famous traditions involves a group of people, children included, climbing on top of each other to make human castles.
- Gegants, or giants, play an important role in **castells** and **festa major** usually representing neighborhood characters like the butcher, baker or fisherman, the giants parade around during festivals and also many special city events.

No list of Barcelona traditions would be complete without a **folkloric dance!** While you can certainly catch a **flamenco show** around town, this is actually more typical of Andalusia in southern Spain. The traditional Catalan dance is the **sardana**, a light, circular jig.



### FOOD AND DRINK



## < Presentation.pdf



representing neighborhood characters like the butcher, baker, fisherman, the giants parade around during festivals and also many special city events.



### FOOD AND DRINK

- Seafood obviously plays a huge role in the traditional foods of Barcelona. Therefore, it's no surprise that a Catalan favorite is **arròs amb bogavent**, a rice-based seafood stew. It can be made with a wide variety of fish, really whatever is fresh and available. It's served up with some garlic and oil to finish.
- Whilst we usually associate Spain with tapas, **paella** is Barcelona's most popular dish. The vast majority of the glorious sparkling wine is produced in the Penedès region of Catalonia, meaning prices are very reasonable and you can order it by the glass!



### OTHER INTERESTING INFORMATION

Barcelona is home to the largest football stadium in Europe. It was built in 1957 and has the seating capacity of a whopping 99,354! Not only is it's home to the world-famous football team, it's also one of the main attractions in the city. It even has its own museum – one of the city's most visited sights.

The first human settlements in Barcelona date back to Neolithic times. The city itself was founded by the Romans who set up a colony called Barcino at the end of the 1st century BC.

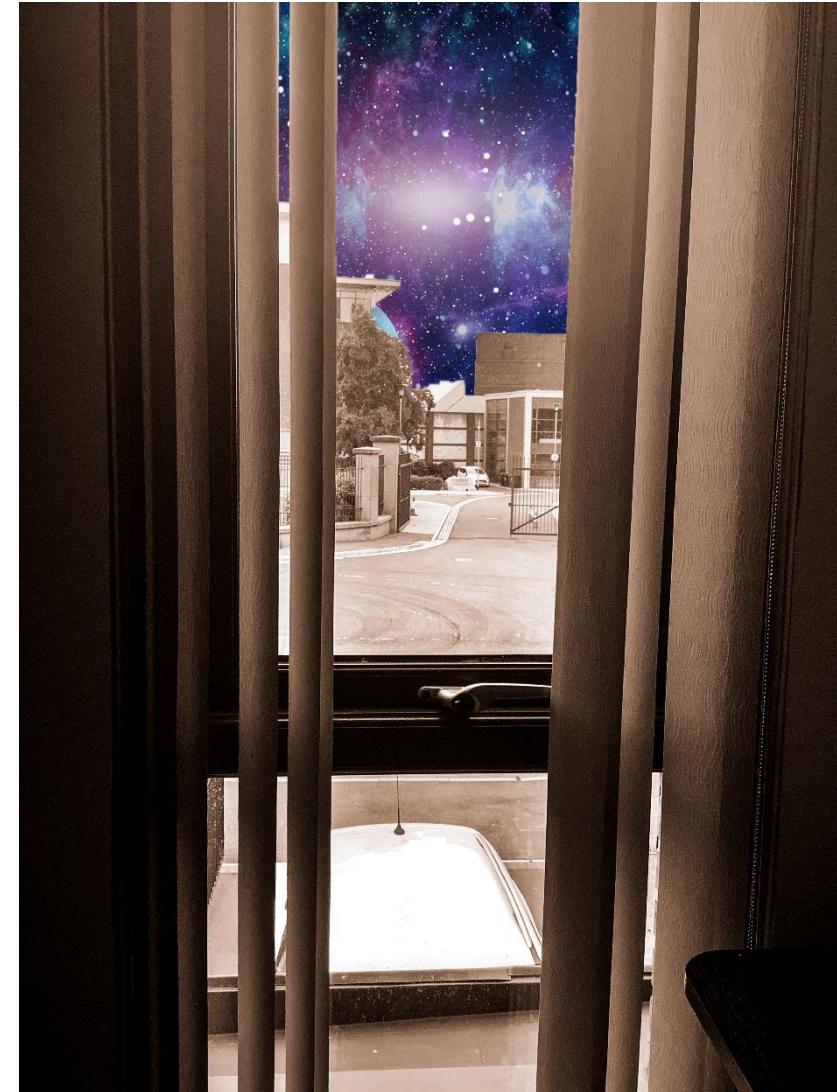


The most popular beaches among our visitors include Barceloneta, Mar Bella, Nova Icaria and Bogatell. Barceloneta is probably the closest beach to the city and the easiest way to get to this beach is by catching the yellow line metro. Walking from the city takes about 20 minutes

### THE END OF PRESENTATION

By Abbie Kennedy 10D

7-9/9





## Origin and beginnings

- Muhammad is the founder of the Islam religion.
- The word 'Islam' means submission to the will of god.
- Muslims believe that Islam was revealed over 1,400 years ago in Mecca.
- Muhammad received a message when he was 40 years old.
- Islam is described as a monotheistic faith as they believe in one God.

## Why was prophet Muhammad so important?

- He was the founder of Islam and the angel Gabriel appeared to him and said he was god's messenger.
- He was a role model for his community, and he followed god's word.
- The Muslim's holy book is the Quran and it is believed that the word of god was revealed to Muhammad through the angel Gabriel.



## The sacred text of Quran

- It is a book of guidance to help Muslims live good lives.
- It is treated with great respect.
- It is placed on a stand when being read.
- It is always kept on the highest shelf.
- It reads from right to left.
- It is written in Arabic.
- It was revealed to Muhammad by the angel Gabriel.
- Divided into chapters called surahs.
- It has 114 surahs.
- It is beautifully decorated.
- The literal words of Allah.
- Quran means 'RECITATION'.



## Place of worship and key features

- The Muslims places of worship is the Mosque.
- The Arabic word for Mosque is masjid which means 'a place of prostration'.
- The first Mosque was built and designed by the Prophet Muhammad in the city of Medina in Saudi Arabia.

### Key features

- Minaret- the towers on the mosque building.
- Imam- the person who leads the prayers in a mosque.
- Mihrab- the part of the wall which shows the direction of Mecca.
- Minbar- the seat that the imam sits on when giving a sermon. It might have a lot of steps or very few.
- Muezzin- the person who does the call to prayer.



## The five pillars

- Shahada**
- 'There is no God but Allah, and Muhammad is the Prophet of God.'
  - Muslims say this creed 5 times a day as part of their daily prayer
- Salaat**
- Muslims pray 5 times a day. Before praying they must wash their faces and do a ritual washing. The prayers include [wudu](#).
- Sawm**
- Muslims fast a duration of 12.5% of their disposable income for the month of the year.
- Zakat**
- Muslims give completely without fear and whilst during hours of daylight. Recipients are for the poor, the needy and the infirm.
- Hajj**
- Muslims are expected to go there at least once in their lifetime and join special programs. It lasts for 4 days every year with around 2 million people doing it every year.

## Why study Islam ?

It is good to learn about different religions.

It's good to know about people in your community.

It could prevent people being racist toward them as they would understand their culture.

It would make Muslims feel more accepted in the



Chloe Mandap 10A  
Summer LO  
15 June 2020

# ISLAM



## • beginnings & development •

Submission to the will of God

Faith and way of life of a billion people (24% of World's Population)

Followers of this religion are called **MUSLIMS**; they believe that:



↳ "Ow will God Allah"

↳ Islam was revealed over 1,400 years ago in Mecca, Arabia through Muhammad

**MUHAMMAD**: "Peace Be Upon Him" when mentioning his name  
↳ Muslims believed that he is the last prophet sent by Allah

a MONOTHEISTIC FAITH ➤ belief in one God

## • prophet Muhammad •

Born in Mecca, Saudi Arabia around 570AD

Raised by his uncle and married a widow, Khadija and had six children

**GOOD MAN** and **CONCERNED** about the bad behaviour of people in Mecca

When he was 40 years old, he had a **VISION**:

- **Angel Gabriel** appeared to him and said,
- "There is one God, whose name is Allah, and that Muhammad was to be God's messenger."

As a result, he **PREACHED** & **SHARED** the message



↳ ONE OF THE MOST IMPORTANT FIGURES IN ISLAM

↳ founded the first Muslim community in Yathrib

↳ converted most of Arabia to Islam

## • Our'an / KORAN

Means "THE RECITATION"

Central RELIGIOUS TEXT OF ISLAM

Muslims believe that: **It is the Book of Divine** : Final divine messages  
literal word of God

↳ Originally **MEMORISED** by Muhammad (pbuh) and his companions

↳ write the SURAHs

↳ Most important **SOURCE OF AUTHORITY AS THE WORD GOD**

↳ Must be shown great reverence & respect

↳ Book of guidance to live a good life



## • 5 pillars of faith •

THE DECLARATION OF FAITH

Their duty to say the creed, "THERE IS NO GOD BUT ALLAH, AND MUHAMMAD IS THE PROPHET OF GOD" five times a day.



PRAYER



Praying **FIVE TIMES A DAY**: dawn, noon, mid-afternoon, sunset & late evening

## • Place of Worship •

**MOSQUE**: "A place of prostration" where Muslims bow & talk to Allah

Key Features:

**QIBLA**- Prayer wall that faces Mecca

**MIHRAB**- A niche in the Qibla where the Imam (leader) stands

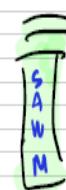
**MINBAR**- Seat of the Imam during sermon & used on Friday

**DOME**- Represents the universe & Allah's power or creation

**MINARET**- The tower where a muezzin performs the adhan

**WASH AREA**- (Wudu). Muslims must wash their hands, feet & mouth before going in the MOSQUE.

**PRAYER MAT**- Muslims use this when praying



FASTING

During the month of **RAMADAN**, adults completely go **FASTING** during the daylight.



PILGRIMAGE

Muslims must go to **MECCA** & visit **KAABA** at least once in their lifetime as a pilgrimage.



# WHY IS IT IMPORTANT TO STUDY ISLAM IN SCHOOL ?



For me, it is important to study Islam in school as it is one of the many ways of showing love, care and respect to the other people around us. 7 billion people in the world means we also differ in billion ways. And so is, our religion.

Learning Islam is another way of getting to know the attitudes and personalities of our friends, acquaintances, and people around us, in general. I say so because, I believe that what we accept and conceive at, changes how we act, think and talk. Depending on where and what our faith is being held onto, we go on and have contrasting principles and beliefs. Therefore, we have different traditions and cultures.

Just like how Islam do 'wudu' before they enter the Mosque, it is fascinating to study their religion and know more about it as not all people know about that routine and really believe in one faith (have a certain religion). Unlike me, there are people out there who aren't really a strong Catholic believer (or the religion they believe at). That is why, studying it at school is relevant for people who are planning to convert, change or promise to believe in one faith.

Lastly, there many of us who enjoy learning more about other people's beliefs and are curious about it. Thus, learning Islam in school is very important in order to answer some of our questions and wonders knowing that it is a religion that most people in the universe follow and profess their faith. It is also a way to keep in track with the world's ongoing situation as the people living it mostly believe Islam. And most importantly, to expand our knowledge in world religion/s.





### **Message from Mr Brown**

Girls, thank you for the wonderful three years that you have given me. It has been a pleasure working with you from your first day in Year 8. I look forward to seeing you all work hard in Year 11 and achieve all your dreams in this changing world.

### **In summary,**

Girls, you have done great work over these last months and should be very proud of yourselves.

We have all missed you and can't wait to see you again in September.

Have a great Summer!

Take care of yourselves and others and Stay safe

