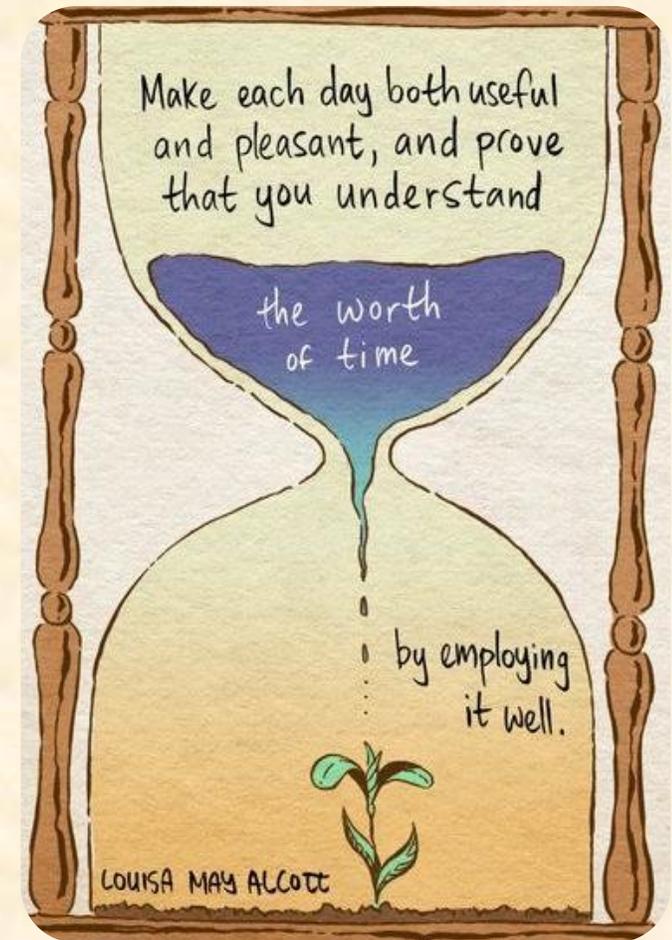




Good morning, Year 12. We hope you are all keeping well and safe.

Please find the following updates in this week's message:

- EMA update
- Working on Google Classroom
- Mental Health Awareness Week
- Send your C.V. to the National Literacy Trust
- Nerve Belfast Online Courses
- The Big Lockdown Essay Competition
- TED Talks



EMA: Message from Mrs. Kelly

EMA application process 2020/2021

Year 12 parents, guardians can now make an application for Education Maintenance Allowance.

Please note for new applications the student must have a personal bank account set up before applying.

Due to the current restrictions, it would be advisable to set up using an online application process which does require photo ID such as a passport.

We are expecting delivery of application packs in school within the next seven days. We will update you when they have arrived and how and when they can be collected if you would prefer a paper copy.

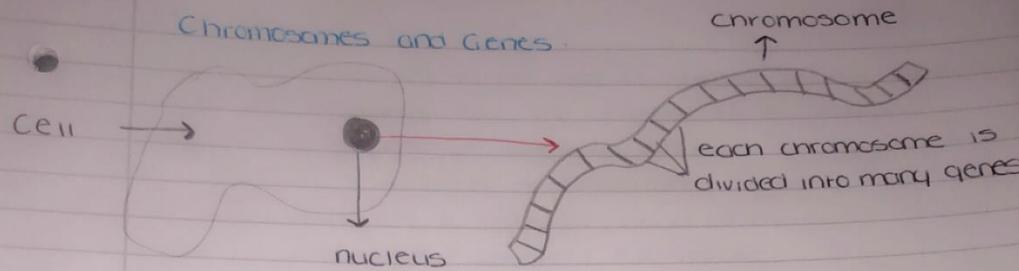
Any queries can be sent for the attention of Mrs. B Kelly through the school website or Year Team.

<https://www.stlouises.org.uk/ema-applications-process-2020-2021/>

Working on Google Classroom

Well done to Abby and Niamh who have been working hard on Science revision notes.

Chromosomes and Genes



Cell → nucleus

Chromosome

each chromosome is divided into many genes

- most living cells contains a nucleus. The nucleus is the control centre of a cell, because it contains chromosomes that are divided into smaller sections called genes.
- The chromosomes are arranged in pairs. Humans have 46 chromosomes in each cell arranged in 23 pairs.
- The genes in our body control characteristics such as eyes and hair colour.

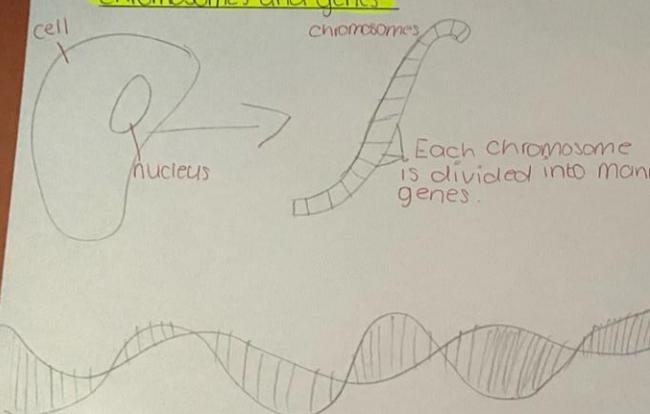
Subject: Science
Total Number of Topics: 2
Connection Cards Required:

Phosphate
base

CO-ordination and control

The Control and nervous System enables humans to react to their surroundings and to coordinate their behaviour. It comprises millions of neurons, communicate very quickly.

chromosomes and genes



cell → nucleus

chromosomes

Each chromosome is divided into many genes.

DNA consists of three sub-units that are regularly repeated throughout the length of the molecule.

control and co-ordination

Animals

Nervous System

Reflex arc

CNS

Brain/spinal cord

Endocrine System

Hormone secreted by glands.

Plants

Hormones

Promoting

growth

Tropic

direction

Waxtic

independent

Reflex

ANS

Neuro

Sensory

Moto

Amazing Brains NI CIC All Rights Reserved

Working on Google Classroom



Mrs Ashe would like to say well done to M6 pupils who have been completing their weekly quiz to consolidate their learning. If you haven't already taken this week's quiz, make sure you log onto your M6 classroom to do so, along with any other quizzes you may have missed.

Mental Health Awareness Week

As you may already be aware, this week is Mental Health Awareness Week. We have included some links to help you think proactively and positively about mental health.

♥ BBC Bitesize has a range of videos, articles and activities to help you examine good mental health:

<https://www.bbc.co.uk/bitesize/tags/z7qg6v4/mental-health/1>

♥ A lovely article by the Scouts on being grateful, especially when things are difficult:

<https://www.scouts.org.uk/news/2020/may/how-to-be-grateful/?fbclid=IwAR1P5xwyu-weK7eVWZs0LGD4NIF9W1pTHB7we9g2DxPrNv88VxUAvG2SftQ>

♥ Young Minds have put together some great advice on staying social during social distancing:

<https://youngminds.org.uk/blog/how-to-stay-connected-during-lockdown/>



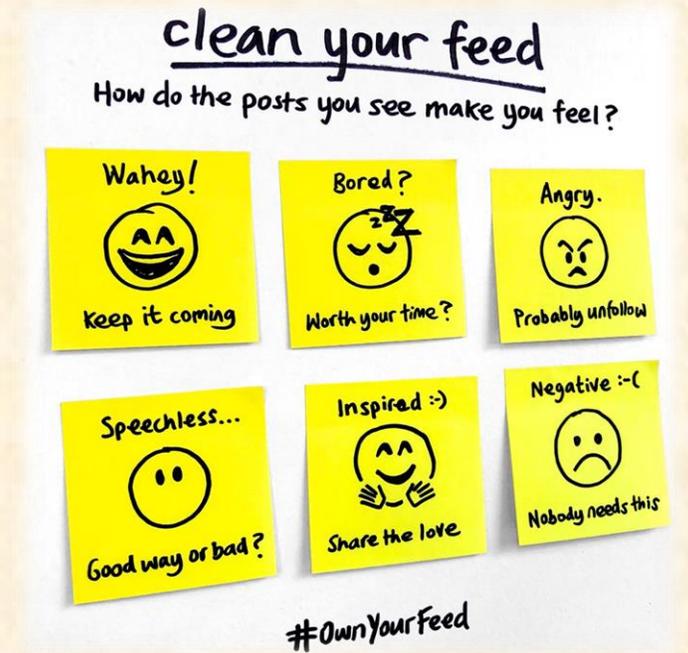
Mental Health Awareness Week

♥ Young Minds have also written an article about making sure your social media presence is a healthy one. It includes a quiz to find out what type of social media feed you have and tips to ensure you have a positive time online:

<https://youngminds.org.uk/find-help/looking-after-yourself/social-media-and-mental-health/>

♥ Finally, for some good news (and after cleaning up your social media), follow @the_happy_broadcast on Instagram:

https://www.instagram.com/the_happy_broadcast/



National Literacy Trust: Send them your C.V.

Following on from the Careers Videos uploaded on the school website, why not take some time to think about what your current employee profile looks like right now. What skills and experience do you have? What skills and experience do you need to gain in order to progress?

The National Literacy Trust are running a service where you can send in your C.V. and receive feedback from industry experts. Follow the link below to complete a C.V. and send it to the professionals:

<https://literacytrust.org.uk/family-zone/zone-in/get-feedback-your-cv-industry-experts/>



Nerve Belfast Online Courses

Nerve Belfast are hosting two online courses in

Animation and Special Effects beginning on

Tuesday 26th May. They may be of particular

interest to pupils who have selected GCE Art, Media,

Moving Image or Photography. Visit the following links to apply:

Animation: <http://www.nervebelfast.org/2020/05/07/northern-ireland-screen-foundation-academy-for-animation/>

Special Effects: <http://www.nervebelfast.org/2020/05/07/northern-ireland-screen-visual-effects-academy/>



Left Side Up: The Big Lockdown Essay Competition

Left Side Up are looking for innovative, interesting essays all about life in lockdown. They want Key Stage 4 pupils to write an essay between 1000-1250 words on the theme of 'Community' during lockdown. This is a fantastic way to hone your essay writing skills while at home (which is, of course, fabulous preparation for Post-16).

Winners will receive a £50 voucher and will see their work published in a special issue pamphlet called 'Living in Lockdown.'



Left Side Up: The Big Lockdown Essay Competition

If you are interested in entering the competition, it could also be worthwhile to listen to *Left Side Up*'s podcast: search for *Left Side Up* on Spotify and listen to the episode 'Big Lockdown Essay Competition' or follow this link: <https://podcasts.apple.com/gb/podcast/big-lockdown-essay-competition/id1493424692?i=1000473716410>

You need to send your essay to leftsideup.ni@gmail.com by **6pm on Sunday 24th May**. Ensure your entry includes: your name; age; school; and the title of your essay.

Good luck and get writing!



TED Talks

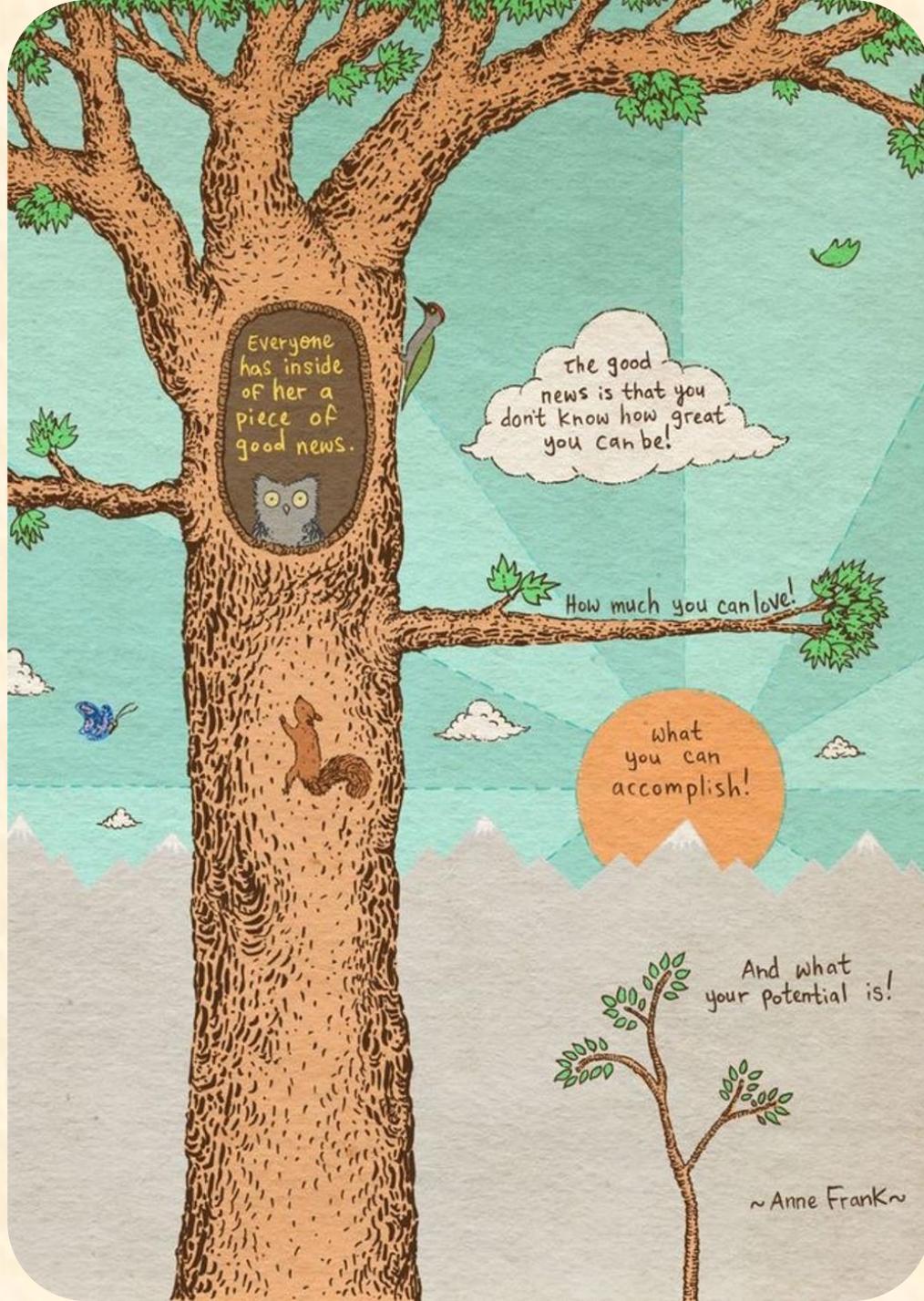
TED Talks are a brilliant way of reigniting your inspiration and motivation from the comfort of your own home. If you've never listened to a TED talk before, a good one to start with is Oliver Jeffers' '*An Ode to living on Earth*':

https://www.ted.com/talks/oliver_jeffers_an_ode_to_living_on_earth

TED talks are a wonderful way to expand your mind and think creatively about your future.



The TED logo, consisting of the letters "TED" in a bold, red, sans-serif font, set against a white rectangular background.



Have a good week
and continue to stay
safe.

The Year 12 Team